

Back Country Bettys

Serving the Women of Northern Colorado and Southern Wyoming

Brrrr....

FEBRUARY 2010

SINCE 1997

Want to join BCB?

Check the last page of the newsletter.

FEBRUARY POTLUCK

WHEN: Feb. 21, 5:00 pm

Lin will host the potluck at the Mirasol Event Center (the community center in the complex in which she lives). The center has a kitchen with the usual accoutrements. The center also has a large screen TV, anyone want to bring a movie to watch??

WHERE: 1153 Finch St., Loveland, 80537. From the north, take 287 (College) to Eisenhower, Hwy 34; turn east to Madison, turn south to the end of Madison. Turn into the complex on the right, and there you are – to the community Center.

Breaking Bread Around Town

Review: Charco Broiler is great for hamburgers and such, but they do not serve breakfast. Live and Learn.

February outing:

[Farmer's Table Restaurant](#)

When: February 28 at 10:30

The Farmer's Table has moved to a new location, the old KFC spot, address below. The restaurant is much larger.

1035 South Taft Hill Road
Fort Collins, CO 80521-4222
(970) 493-3249

www.farmerstablerestaurant.com

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Dues are due!! Please send your dues, \$10 per year, more if you can, less if you can't. Your dues are used to rent the PO Box, pay the bank charges, and pay for postage and copying and occasional party expenses.

New Wrinkle – Hostess's of Potlucks receive \$25 to cover costs of drinks, flat ware, food, etc.

If you joined after October, your dues are current. Please send you dues to BCB, P.O. Box 273337, Fort Collins, CO 80527-3337, or bring dues to the next potluck



Saturday, Feb. 13: Snowshoe trip to Rocky Mt. Nat'l Park

Trail: TB decided

Time: Meet at JJ's (Harmony and Taft Hill, northwest corner) at 9:00 a.m..

RSVP: Kate at 631-1354 by Sat. night

If anyone has a pass to RMNP, please bring it!!!! Otherwise it will cost us.

(Carol has snowshoes/poles to borrow.)

MOVIE MATINEE

Sunday, Feb 28th

Time: Mid-afternoon

Place: To be determined

Movie: To be determined
RSVP: Kate 631-1354 by Sat. night with suggestions

COME OUT AND SING!!!

Come one, come all who want to sing!

Northern Harmony is a division of Harmony Chorale, an all-inclusive, non-auditioned GLBTS (gay, lesbian, bisexual, transgender, and straight) Chorus out of Denver. It is not too late to join!!

Rehearsals:

Tuesday: 7-9pm

At: Plymouth Congregational UCC
916 W. Prospect, Fort Collins

For more information: Contact Bill
303-331-2667 303-946-8730

www.harmonychorale.org



On the left side of the Home Page are links to other newsletters, including BCB.

Women's Chronic illness Support Group

If you have a chronic physical health condition that limits your life and separates you from others, come join our support group. Whether it is Chronic Fatigue and Immune Dysfunction Syndrome (CFIDS), Environmental Illness (EI), Multiple Chemical Sensitivity (MCS), Fibromyalgia (FM), Lyme disease, Lupus or any other chronic condition, emotional sharing in a supportive environment can help us to feel less alone with our circumstances.

To express interest, ask questions, or provide feedback, email Lynn @ lynncrichards@msn.com
All inquiries welcome!

CLEVER IDEAS

Take your bananas apart when you get home from the store. If you leave them connected at the stem, they ripen faster.

Store your opened chunks of cheese in aluminum foil. It will stay fresh much longer and not mold!

Peppers with 3 bumps on the bottom are sweeter and better for eating. Peppers with 4 bumps on the bottom are firmer and better for cooking.

Add a teaspoon of water when frying ground beef. It will help pull the grease away from the meat while cooking.

To really make scrambled eggs or omelets rich add a couple of Spoonfuls of sour cream, cream cheese, or heavy cream in and then beat them up.

Easy Deviled Eggs

Put cooked egg yolks in a zip lock bag. Seal, mash till they are all broken up.

Add remainder of ingredients, reseal, keep mashing it up mixing thoroughly, cut the tip of the baggy, squeeze mixture into egg. Just throw bag away when done easy clean up.

WEB SITES TO CHECK OUT (Social, financial, information, facts, etc. some of these were cited by Larry Sizemenre)

<http://may-chang.com>. " We continue our strong commitment to offer a rich content portal providing access to social, educational and political resources and support, for the lesbian, gay, bisexual and transgender communities, our supporters, friends and family." (Idaho)

www.fortpride.org – check out this web site for stories, local events, advertisements, and more!! Click on "Certified" below to check out the cool stuff at this company – all LBGT.

<http://qlbtcolorado.org/> - great site for the area – neat opportunities in Denver.

www.cgsa.org - This is an online Social & Political network for LGBT & Straight Coloradoans. Building Community We can ALL be Proud of.

Fellowship Hall, 5:30. 2nd Sunday every month.
http://groups.yahoo.com/group/LGBTQ_longmont


ADVERTISEMENTS

The Catalyst Cafe & Tap Room, a 'family-owned' local business has a great new way to stay in touch with the fun events happening each week, and, for a limited time, The Catalyst is offering a \$3.00 coupon to those who become "Community Members" on their new Meetup website. It's free to join and easy to use! Go to www.meetup.com/TheCatalyst/ and click on the "Join the Group" button - your coupon will be sent via email!

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FOR SALE: Faux white oak/ash entertainment center, excellent condition. 71"high x 53.5" wide x 14" depth. TV shelf 29.5" high x 27" wide x 14" depth.. **\$51 OBO.** Carol 266-0513

FREE: White Vertical Blinds, width, 77 inches, (can be cut down) by 82 inches. Carol - 266-0513

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Business Opportunity: Small investment, earn passive income, personal coaching, team support.

Marketing Machine: Build your business -- Import your contacts, birthday/anniversary reminders, send gifts and custom drip campaigns. Send 1 or 1000 cards in a few minutes. No need to buy stamps, labels or ink -- SOC does all the work by printing directly onto the envelope in a handwritten font with a first class stamp.

Personal use: Send customized postcards, cards, gifts & gift certificates with your own handwriting font and signature using our 15,000 designs or your own photos for under a Dollar, in minutes from any computer.

Call Wendy or Kim to set up your free guest account, **take a test drive of the system and send some cards on us.** 970 224 9189.

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2321 E. Mulberry # 4, Fort Collins CO 80524
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Always wanted to play the guitar?

Fun, affordable, private guitar lessons with Hilary!!

All ages Welcome. Hi, I have been a guitarist for over 35 years, and have played and taught guitar professionally for the past 20 years. Whether you are interested in rock, country, folk or pop, I will teach you to accompany yourself using many different strumming and picking techniques.

My philosophy and techniques are quite simple. I believe anyone who wants to play a musical instrument should be given the opportunity to learn in a fun and supportive environment.

The lessons are individualized to each person's wants and needs. I use my own teaching methods, and do not use any published lesson books, so you will not be bogged down with learning scales or lots of music theory. My goal is to get you playing what YOU want to play as soon as possible, and to have fun doing it!!

If you are looking for a fun and quality learning experience, please contact me, Hilary, at
(970) 631-6531

Lyngar Electric and General Contracting: Andi is a Journeyman licensed electrician with 17 years experience. Non-electrical services include: repairs, remodels, and installs for homes and small businesses. Efficient, clean and thorough. References - andiklyn@yahoo.com 970-593-8710



Swedish Fixins'
Handyman Services

Honey, would you please: paint bedroom, trim bushes, power wash and stain deck, trim around windows and doors, install light fixtures, build planter boxes, haul yard debris, fix fences, hang artwork, clean gutters, organize garage ...

goranssonmaria@msn.com
Maria Göransson
970-556-2970
dear of Honey-do Lists

www.BrendaSellsColorado.com



Brenda Johnson, CRS, GRI, SRES, ePRO
Office: 970-667-2510
Cell: 970-593-8211
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D. Becky McDaniel
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Do you know someone facing death? Do you want to be supportive?
Judy K. Underwood, Ph.D., local author and BCB member shows us how.

Dying: Finding Comfort and Guidance in a Story of a Peaceful Passing.
Many of you will recognize the characters in this inspirational story. Search inside the book when you click on "Buy the Book" at www.passingpeacefully.com

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970-212-4706 Cheryl@cfoxcpa.com

HOW TO JOIN BCB

- ❖ The Back Country Bettys (BCB) is an organization for lesbians and women accepting of lesbian lifestyles. We seek out and encourage participation from the entire lesbian community.
- ❖ To participate in BCB, turn in a **membership application, with a signed waiver** and with \$10 annual dues per household, more if you can, less if you can't. **Mail to BCB, P.O. Box 273337, Fort Collins, CO 80527-3337**, or turn it in at a potluck. To obtain an application call or email Carol at cjava@lbtDSL.com, 970-266-0513. Dues are used for membership lists and newsletter distribution
- ❖ Members receive a membership list so they may contact BCB members. The membership list **may not be sold or used for any other purpose than to contact each other for activities**. All members share this responsibility.
- ❖ Group activities are planned at the **monthly potlucks**. Everyone is encouraged to attend. **BRING A FRIEND**. A **newsletter** listing group activities, community activities, upcoming events, advertisements, etc., is produced and emailed each month. If **YOU** have an activity you would like to coordinate and include in the newsletter please contact Carol at cjava@lbtDSL.com or 970-266-0513.
- ❖ Spontaneous events can be coordinated at any time through the Blast-o-grams.
- ❖ A liability waiver must be signed and kept on file for participants of group outdoor activities.

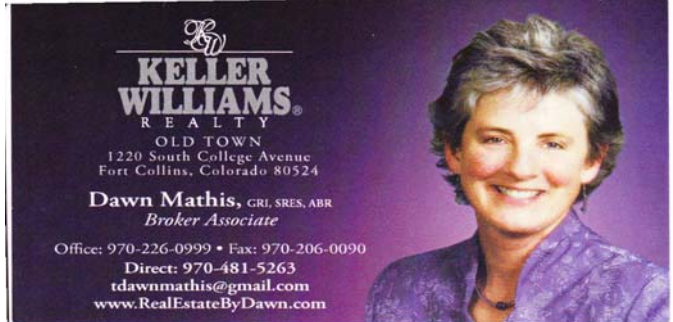
NEWSLETTER DELIVERY – BLAST-O-GRAM INFORMATION:

1. **The newsletter is either e-mailed or snail mailed.**
2. **Blast-o-grams** (messages of an urgent nature, i.e. tickets for sale, a change in activity, a change in time, a new activity that didn't get into the newsletter, etc) are emailed by the newsletter editor immediately upon receipt. Please note, announcements are not sent out by snail mail. If you want to send/receive Blast-o-grams, contact Carol @ cjava@lbtDSL.com. BCB Newsletter welcomes your ads/announcements. Ads/announcements can be sent out as a Blast-o-gram. **Steering Committee Members:** **CAROL** (970) 266-0513 (Newsletter editor) **JADE K.** ~ 970-224-5924 (Membership) **KIM** ~ (970) 224-9189 (Treasurer)

3. **EMAIL ADDRESS:** For Blast-o-grams, newsletter, or other correspondence please use: cjava@lbtDSL.com



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